Iowa Area Alateen, Camp, Hotel Safety and Behavior Guidelines

Participation in the activity is a PRIVILEGE granted to the Alateen, he/she is expected to display proper interest, dedication, citizenship and a high level of conduct. We are representing ourselves as well as Al-Anon/Alateen as a whole. In addition, rules will be included but not limited to group/individual safety, appropriate dress, room and transportation assignments, curfew, travel responsibility, State and local laws, hotel and guest accommodation policies.

Wesley Woods Rules:

- * Treat the buildings like you would someone else's home. No graffiti or purposeful damage to any of the furniture, walls, etc. Charges will be assessed accordingly should this be an issue.
- * Meals are shared with other groups on grounds please be respectful of everyone eating in the dining hall. Meals are served buffet style so please only take what you will eat.
- * Quiet Hours are from 11:00 pm 7:00 am please no loud outdoor noises, music, etc after 11:00 pm.
- * No smoking in any building
- * While we have staff who clean between groups we do challenge guests to leave the facilities in good condition. Please discard of garbage in the green dumpster behind Methaqua Lodge.

The two other things we ask are:

- 1. Please do not climb in our trees after several accidents in past years with outside groups climbing trees we have had to be rather strict about this rule. Also a lot of our trees in the main part of camp are donated in memory of loved ones and unnatural damage to the trees tries to be avoided.
- 2. There is a large white bell in front of the lodge. Unless it is part of a pre-planned activity please don't ring/climb/hang on the bell. The bell is mainly used in emergency weather etc. and staff will come asking what is wrong if they hear it ringing a bunch.

IOWA AREA Rules for Serenity Weekend/Area Assembly:

Rules taken from Iowa Area Alateen Procedures Manual

PLEASE eat before arriving on Friday

The Iowa Area Alateen Serenity Weekend is a personal growth weekend that allows teens to grow spiritually and mentally and to build relationships with fellow Alateen members in our Area.

- *Be polite and respectful to all in attendance as we sometimes share the camp/hotel with other groups. Remember we are representing the worldwide fellowship of Al-Anon/Alateen. Make sure that your behavior is appropriate.
- *The age limit for attendance is twelve (12) to nineteen (19).
- *Each Alateen must have parents complete and sign the PERMISSION FORM.
- *POSSESSION of alcohol, or any illegal substance is forbidden! Possession will result in notification of parent/guardian and arrangements will be made for you to leave immediately.
- *Tobacco use restricted to those 18 or older with identification and in approved locations.
- *All medications turned into nurse upon arrival. (Serenity Weekend only)
- *Alateens must abide by the curfew indicated on the agenda. (Serenity Weekend only)
- *Alateens are to be in their assigned cabins and rooms only. (Serenity Weekend only)
- *Alateens driving to the event, the car must remain parked for the entire weekend. Car keys must be turned over to the sponsor.
- *No posting of pictures on any Social Media-with mention of "ALATEEN".
- *No cell phone during meetings.
- *No crosstalk or advice.
- *Sponsors need to know where you are at all times.