

We still need your experience for our new daily reader!



The 2014 World Service Conference gave conceptual approval for “a new daily reader that reflects the diversity of the Al-Anon fellowship” and its members as they are today. We continue to need sharings. For most of our literature, we simply ask members to send us their recovery stories, but this new daily reader has some specific requirements:

- Like all our daily readers, this book will be a collection of meditations to help us throughout our day. Focus on a single insight that you found helpful in your personal growth and recovery. Apply an Al-Anon principle—a slogan, a Step, Tradition, or Concept; the Serenity Prayer; or other Al-Anon tool—to a real-life problem or challenge.
- The new daily reader is intended to convey the rich diversity of personal experience that we share as a fellowship. Indicating this diversity can be challenging, since our books don't include the names, faces, or voices of those who write. Because gender, age, relationship to the alcoholic, and other differences are not always evident from members' writings, please feel free to reveal these details as you focus on a particular program topic or idea.
- Keep the sharing between 200-300 words, so that it will fit onto a single daily reader page.
- Keep the focus on yourself and your own experiences, not the alcoholic or others. Write in the first person singular—“I.” Please avoid the use of the pronoun “you.”
- Avoid generalities, outside issues, treatment center language, and religious philosophy or doctrine, although you may include your own personal interpretation of “a Power greater than ourselves,” unless it advocates a specific religious tenet or philosophy.
- Feel free to include a “Today's Reminder”-type summary of your sharing, a thought-provoking question, or a pertinent quotation from existing Al-Anon literature (including source and page number).

Grammar and spelling are not as important as your heartfelt experiences, feelings, and insights. Please help us make this new daily reader a vital, rich, and multifaceted expression of the Al-Anon program of recovery.

If printed, your sharing will remain anonymous, but please include your name and postal or e-mail address with your sharing so that we can acknowledge receipt.

If your sharing is not used for the book, it will be forwarded to the Forum Editorial Advisory Committee for review. If published in *The Forum*, you will be notified by letter and receive a complimentary copy of the issue in which your article appears.

Note: All sharings become the property of Al-Anon Family Group Headquarters, Inc., and may be used in whole or in part to develop Al-Anon/Alateen printed or electronic material.

Please mail, fax, or e-mail your completed sharing to:
Al-Anon Family Group Headquarters, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617
Attn: New Daily Reader
Fax: 757-563-1656
e-mail: wso@al-anon.org
(Please put “New Daily Reader” in the subject line)

Please photocopy and distribute locally.