

ALATEEN IS...



Every Tuesday Evening at 7:00pm (top floor)

Fellowship Club: 3224 1st Ave NE, Cedar Rapids, IA

- Part of Al-Anon Family Groups:
 - Seeking their own recovery from the effects of alcoholism in a family member or close friend.
 - Study and apply the 12 Steps & Traditions of Al-Anon/Alateen to their own lives.
 - Share experience, strength, and hope with each other.

Alateen is not...

- A program for young people seeking sobriety or a therapy program.

Questions? Visit www.CedarRapidsAreaAl-Anon.org or email Dist8AFG@gmail.com