

LOCAL AL-ANON ZOOM MEETING SCHEDULE -- Cedar Rapids, IA and Surrounding Areas

MEETING NAME	DAY	TIME	ZOOM MEETING LINK	PHONE
Serenity Sunday	Sunday	7:00 PM	http://us04web.zoom.us/j/509370161	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 509 370 161 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
Monday Morning Boosters	Monday	9:00 AM	https://us04web.zoom.us/j/947075087	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 947 075 087 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
Need to Feel Better	Tuesday	1:00 PM	http://us04web.zoom.us/j/416050613	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 416 050 613 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
New Attitudes	Tuesday	7:00 PM	http://us04web.zoom.us/j/296648992	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 296 648 992 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
After Work Alanon Family Group	Wednesday	5:30 PM	http://us04web.zoom.us/j/218666048	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 218 666 048 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
Prairiewoods	Wednesday	7:00 PM	http://us04web.zoom.us/j/946114831	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 946 114 831 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
New Creations	Thursday	9:45 AM	http://us04web.zoom.us/j/553158429	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 553 158 429 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
Friday Morning	Friday	9:00 AM	http://us04web.zoom.us/j/591248724	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 591 248 724 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)
Marion Alanon Family Group	Friday	7:00 PM	https://us02web.zoom.us/j/325139771	1-312-626-6799, 1-301-715-8592, 1-253-215-8782 Meeting ID: 325 139 771 # (If one of the above numbers is busy or has difficulty adding you to the meeting you may use one of the other two)