

## LOCAL AL-ANON IN-PERSON MEETING SCHEDULE -- Cedar Rapids, IA and Surrounding Areas

*\*\*Open Meetings are open to allow people who are not necessarily families or friends of alcoholics but who are interested in learning about Al-Anon Family Groups.*

MEETING NAME	DAY	TIME	LOCATION (click link for map)	DETAILS
West Highlands	Monday	8:00 PM	<a href="#">Trinity Lutheran School</a> <a href="#">1361 7th Ave. SW</a> <a href="#">Cedar Rapids, Iowa</a>	<b>Masks required and social distancing observed.</b> Handicap Accessible Meetings are held in School behind Church. (Look for directional Al-Anon sign on door.) AA meets same time/different room.
Mount Vernon Alanon Family Group	Saturday	8:00 PM	<a href="#">Mount Vernon United Methodist Church</a> <a href="#">304 1st Street West</a> <a href="#">Mount Vernon, Iowa</a>	<b>Masks are required to enter the building - optional during meeting</b> Meeting is in Chapel Sunday School Room AA Meets same time/ different room **Last Sat of each month, open combined meeting with AA